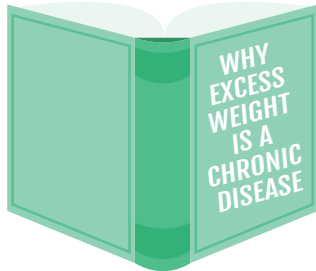


# HOW TO TALK TO YOUR **DOCTOR ABOUT WEIGHT**



**EDUCATE**  
YOURSELF



**ASK**  
QUESTIONS!



**START THE**  
**CONVERSATION**  
WITH YOUR DOCTOR



**ADVOCATE**  
FOR YOURSELF



**FIND A SPECIALIST**  
YOU FEEL  
COMFORTABLE WITH



**GET INVOLVED**  
IN YOUR  
TREATMENT PLAN