

Productive Mornings

The journey of 1,000 miles begins with a single step.

- Lao Tzu

→ MY **BIG** GOAL ←

MY GOAL FOR
THIS WEEK

HOW CAN I USE MY MORNING TIME
TO BEST HELP ME REACH MY GOAL?

- ▼ _____
- ▼ _____
- ▼ _____
- ▼ _____
- ▼ _____
- ▼ _____

- Day 1
- Day 2
- Day 3
- Day 4
- Day 5
- Day 6
- Day 7

NOTES

